## More information:

**Child Exploitation & Online Protection Centre**

http://www.ceop.police.uk



**Think U Know website**

http://www.thinkuknow.co.uk

**Think U Know video clips**

www.youtube.com/user/ceop

**BBC Online Safety**

http://www.bbc.co.uk/onlinesafety

**Kidsmart**

http://www.kidsmart.org.uk



**Childline**

http://www.childline.org.uk

**Internet Watch Foundation**

http://www.iwf.org.uk



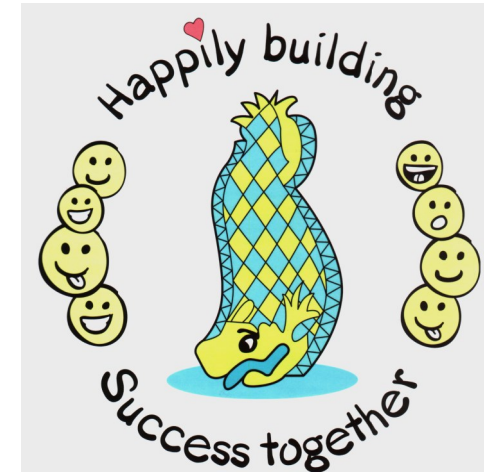Please also speak to us at school if you would like further information.

Designated Safeguarding lead:

**Ms Debbie Crabb**

Deputy Designated Safeguarding lead:

**Mrs Alex Reed and Mrs Vanessa Farr.**

Be respectful  Be ready  Be resilient  Be responsible  Be resourceful  Be reflective  Be remarkable

# Bocking Church Street Primary School



## E-safety

## Guidance for

## Parents/Carers

Whilst many Internet Service Providers offer filtering systems and tools to help you safeguard your child at home, it remains surprisingly easy for children to access inappropriate material including unsuitable text, pictures and movies.

Parents are advised to set the security levels within Internet Explorer or other browsers with this in mind. Locating the computer in a family area where possible, not a bedroom will enable you to supervise your son or daughter as they use the Internet.

Also consider mobile phones and games consoles and other devices that can access the internet. However, don't deny them the opportunity to learn from and enjoy the wide variety of material and games available on the Internet.

Instead discuss with them some simple rules for keeping safe online and making sure they understand their importance.



Go through these rules with your child and pin them up near to the computer. It is also a good idea to regularly check the Internet sites your child is visiting e.g. by clicking on History and Favourites. Please reassure your child that you want to keep them safe rather than take Internet access away from them. Create a dialogue and a relationship of mutual respect

**Simple rules for keeping your child safe**

To keep your child safe they should:

ask permission before using the Internet and discuss what websites they are using;

only use websites you have chosen together or a child friendly search engine;

only email people they know, (why not consider setting up an address book?)

ask permission before opening an email sent by someone they don't know;

not use their real name when using games or websites on the Internet, (create a nick name)

never give out any personal information about themselves, friends or family online including;

home address, phone or mobile number;

never arrange to meet someone they have 'met' on the Internet without talking to an adult first; always take an adult and meet in a public place;

never tell someone they don't know where they go to school or post any pictures of themselves in school uniform;