

# WEEK ONE

# LUNCH TIME

## Monday

### RED OPTION

Cheese & Tomato Pizza



### BLUE OPTION

Tuna & Sweetcorn Pizza



### GREEN OPTION

Rainbow Pasta Salad



### YELLOW OPTION

Sub Roll filled with Cheese



Salad Bar- choice of at least 6 Salads



Apple Shortcake with Squirry Cream

## Tuesday

### RED OPTION

Sticky Sausages with Mashed Potatoes, Baked Beans & Garden Peas



### BLUE OPTION

Vegetarian Sticky Sausages with Mashed Potatoes, Baked Beans & Garden Peas



### GREEN OPTION

Jacket Potato with Beans



Salad Bar - Choice of at least 6 Salads



Fruity Jelly

## Wednesday

### RED OPTION

Roast Turkey, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables with Sage and Onion Stuffing and Gravy



### BLUE OPTION

Roast Quorn Fillet, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables with Sage and Onion Stuffing and Gravy



### GREEN OPTION

Roast in a Roll



Fresh Fruit Bar

## Thursday

### RED OPTION

Chinese Chicken Curry with Rice



### BLUE OPTION

Vegetable Stir Fry with Noodles



### GREEN OPTION

Jacket Potato with Cheese



Salad Bar- Choice of at least 6 Salads



Homemade Chocolate Cake

## Friday

### RED OPTION

Young's Omega 3 Fishfingers, Chips, Baked Beans and Sweetcorn



### BLUE OPTION

Vegetable Nuggets, Chips, Baked Beans and Sweetcorn



### GREEN OPTION

Jacket Potato with Beans



Salad Bar- Choice of at Least 6 Salads



100% Fruit Lolly

Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller fruit corner; Fresh Milk and Water



# WEEK TWO

# LUNCH TIME

Essex County Council

## Monday

### RED OPTION

Pasta or Gnocchi with Cheese Sauce and Garlic Bread



### BLUE OPTION

Pasta or Gnocchi with Tomato Sauce and Cheddar and Mozzarella and Garlic Bread



### GREEN OPTION

Sub Roll with Cheese



Salad Bar- choice of at least 6 Salads



Chocolate Brownie with and Orange Smile

## Tuesday

### RED OPTION

Local Butchers Beef Burger with Dry Baked Tiger Wedges & American Coleslaw



### BLUE OPTION

Vegetarian Burger with Dry Baked Tiger Wedges & American Coleslaw



### GREEN OPTION

Jacket Potato with Beans



Salad Bar - Choice of at least 6 Salads



Vanilla Ice Cream

## Wednesday

### RED OPTION

Roast Chicken, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables and Gravy



### BLUE OPTION

Roast Quorn Fillet, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables and Gravy



### GREEN OPTION

Roast in a Roll



Fresh Fruit Bar

## Thursday

### RED OPTION

Homemade Sausage Rolls, Mashed Potatoes, Baked Beans and Corn on the Cob



### BLUE OPTION

Homemade Vegetarian Sausage Rolls, Mashed Potatoes, Baked Beans and Corn on the Cob



### GREEN OPTION

Jacket Potato with Beans



Salad Bar- Choice of at least 6 Salads



Crispy Toffee Bar

## Friday

### RED OPTION

Chip Shop Mini Battered Fish Fillet, Chips, Peas and Sweetcorn



### BLUE OPTION

Omelette, Chips, Sweetcorn and Peas



### GREEN OPTION

Tomato Pasta Bowl



Salad Bar- Choice of at Least 6 Salads



Fruit Smoothie



Also available daily - Fresh Wholemeal Bread; Fresh Fruit; Muller fruit corner; Fresh Milk and Water



# WEEK THREE

# LUNCH TIME

## Monday

### RED OPTION

Spaghetti Bolognese with Garlic Bread



### BLUE OPTION

Quorn Bolognese with Garlic Bread



### GREEN OPTION

Sub Roll with Cheese



Salad Bar- choice of at least 6 Salads



Summer Fruit Crumble & Custard

## Tuesday

### RED OPTION

Crispy Chicken with Rainbow Pasta and Tomato Sauce



### BLUE OPTION

Quorn Dippers with Rainbow Pasta and Tomato Sauce



### GREEN OPTION

Sweetcorn and Red Pepper Salad



Salad Bar- choice of at least 6 Salads



Strawberry or Chocolate Angel Delight

## Wednesday

### RED OPTION

Roast Turkey, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables and Gravy



### BLUE OPTION

Sweet Potato Rosti, Yorkshire Puddings, Roast Potatoes, Seasonal Vegetables and Gravy



### GREEN OPTION

Roast in a Roll



Fresh Fruit Bar

## Thursday

### RED OPTION

All Day Breakfast



### BLUE OPTION

All Day Vegetarian Breakfast



### GREEN OPTION

Jacket Potato with Beans



Arctic Roll

## Friday

### RED OPTION

Crispy Fish Sticks, Chips, Peas and Sweetcorn



### BLUE OPTION

Cheese and Onion Quiche, Chips, Sweetcorn and Peas



### GREEN OPTION

Tomato Pasta Bowl



Salad Bar- Choice of at Least 6 Salads



Chunky Flapjack

Also available daily - Fresh Wholemeal Bread; Fresh Fruit;  
Muller fruit corner; Fresh Milk and Water







# SUMMER TERM MENU

## Week 1 Menu Dates

w/c 30<sup>th</sup> April

w/c 21<sup>st</sup> May

w/c 18<sup>th</sup> June

w/c 9<sup>th</sup> July

## Week 2 Menu Dates

w/c 7<sup>th</sup> May

w/c 4<sup>th</sup> June

w/c 25<sup>th</sup> June

w/c 16<sup>th</sup> July

## Week 3 Menu Dates

w/c 14<sup>th</sup> May

w/c 11<sup>th</sup> June

w/c 2<sup>nd</sup> July

**Years Reception, 1 & 2 - Free of Charge**

**Years 3, 4, 5 & 6 - £2.20 per day**