# Autumn Menu 2021 

Week 1 Menu Dates

$20^{\mathrm{th}}$ September
$11^{\text {dh }}$ October

Week 2 Menu Dates
$6^{\text {bh }}$ September
$27^{\text {dh }}$ September
$18^{\text {th }}$ October

## Week 3 Menu Dates

$13^{\text {h }}$ September
$4^{\text {th }}$ October

Years Reception, 1 \& 2 - Free of Charge Years 3, 4, 5 \& 6 - £2.30 per day

NADAO
MAINS
Red Option
Pasta Neapolitan
Blue Option
Marconi Cheese
Yellow Option
Gluten Free Pasta Neapolitan
Served with
Garlic Bread and Mixed Salad
DESSERT
Fruit or Yogurt

## Tuesday

MAINS
Red Option
Chicken Korma
Blue Option
Vegetarian Korma
Green Option
Plain Chicken
Yellow Option
Plain Chicken
Served with
Rice, Peas, Green Salad
DESSERT
Angel Delight

## Thursday

MAINS
Red Option
Hot Sausage Baguette
Blue Option
Cheese Baguette
Yellow Option
Jacket Potato and Cheese
Served with
Herby Diced Potatoes and Mixed Salad
DESSERT
Lemon Drizzle Cake

## Friday



## Monday

MAINS
Red Option
Jacket Potato with Baked Beans

Blue Option
Jacket Potato with Cheese

Yellow Option
Jacket Potato with Cheese Or Beans

Served with
Crusty Bread and Mixed Salad
DESSERT
Fruit Salad


## Wednesday

## MAINS

Red Option
Roast Chicken with Stuffing and Yorkshire Pudding

## Blue Option

Quorn Roast

## Yellow Option

Gluten Free Chicken
All served with
Gravy, Roast Potatoes, Green Beans and Carrots

## DESSERT

Ice Cream

## Tuesday

MAINS
Red Option
Chicken in a Tomato Sauce
Blue Option
Quorn in a Tomato Sauce

## Green Option

Plain Chicken

Yellow Option
Gluten Free Chicken in a Tomato Sauce
Served with Savoury Rice Peas, Sweetcorn and Naan Bread

DESSERT
Chocolate Brownie

## Thursday

MAINS
Red Option
Spaghetti Bolognaise
Blue Option
Quorn Bolognaise
Yellow Option
Gluten Free Pasta Bolognaise

Served with
Garlic Bread and Mixed Salad

DESSERT
Yogurt or Fruit

## Monday



## wednesday

MAINS
Red Option
Toad in the Hole

Blue Option
Vegetarian Toad in the Hole with Gravy

Yellow Option
Gluten Free Toad in the Hole

Served with
Gravy, Roast Potato, Carrots and Broccoli
DESSERT
Yogurt or Fresh Fruit


## Thursday



## Friday

MAINS<br>Red Option<br>Omega 3 Fish Fingers

Blue Option
Quorn Dippers
Yellow Option
Jacket Potato with Cheese
Served with
Baked Beans, Sweetcorn, Chips and Mixed Salad

DESSERT
Ice Cream

