

Autumn Menu 2021

Week 1 Menu Dates20th September11th October

Week 2 Menu Dates

6th September 27th September 18th October

Week 3 Menu Dates 13th September 4th October

Years Reception, 1 & 2 - Free of Charge Years 3, 4, 5 & 6 - £2.30 per day

Monday

MAINS Red Option Pasta Neapolitan

Blue Option Marconi Cheese

Yellow Option Gluten Free Pasta Neapolitan

Served with Garlic Bread and Mixed Salad

> DESSERT Fruit or Yogurt

Wednesday

MAINS

Red Option

Roast Turkey with Sage and Onion Stuffing

and Yorkshire Pudding

Blue Option

Sage and Onion Topped Quorn Fillet

Yellow Option

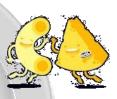
Gluten Free Turkey

All served with

Gravy, Roast Potatoes, Broccoli and Carrots

DESSERT

Shortbread Biscuit



Tuesday

MAINS Red Option Chicken Korma

Blue Option Vegetarian Korma

> Green Option Plain Chicken

Yellow Option Plain Chicken

Served with Rice, Peas, Green Salad

> DESSERT Angel Delight

Thursday

MAINS Red Option Hot Sausage Baguette

> Blue Option Cheese Baguette

Yellow Option Jacket Potato and Cheese

Served with Herby Diced Potatoes and Mixed Salad

> DESSERT Lemon Drizzle Cake

Friday

MAINS Red Option Omega 3 Fish Fingers <u>Blue Option</u> Omelette

> Yellow Option Plain Omelette

Served with Chips, Baked Beans and Sweetcorn

> DESSERT 100% Fruit Ice Lolly





Monday

MAINS Red Option

60

Jacket Potato with Baked Beans

Blue Option Jacket Potato with Cheese

Yellow Option Jacket Potato with Cheese Or Beans

Served with Crusty Bread and Mixed Salad

> DESSERT Fruit Salad

Wednesday

MAINS

Red Option

Roast Chicken with Stuffing

and Yorkshire Pudding

Blue Option

Quorn Roast

Yellow Option

Gluten Free Chicken

All served with

Gravy, Roast Potatoes, Green Beans and Carrots

> DESSERT Ice Cream

Tuesday

MAINS <u>Red Option</u> Chicken in a Tomato Sauce

Blue Option Quorn in a Tomato Sauce

> Green Option Plain Chicken

<u>Yellow Option</u> Gluten Free Chicken in a Tomato Sauce

Served with Savoury Rice Peas, Sweetcorn and Naan Bread

> DESSERT Chocolate Brownie

Thursday

MAINS <u>Red Option</u> Spaghetti Bolognaise

Blue Option Quorn Bolognaise

<u>Yellow Option</u> Gluten Free Pasta Bolognaise

Served with Garlic Bread and Mixed Salad

> DESSERT Yogurt or Fruit



Friday

MAINS <u>Red Option</u> Butchers Sausages

Blue Option Omelette Popper

Yellow Option Gluten Free Omelette Popper

Served with Chips, Beans and Peas

> DESSERT Iced Sponge



Monday

MAINS Red Option Cheese and Tomato Pizza

Blue Option Jacket Potato with Beans

> Yellow Option Jacket Baked Beans

Served with Sweetcorn and Mixed Salad

> DESSERT Angel Delight

wednesday

MAINS Red Option Toad in the Hole

Blue Option Vegetarian Toad in the Hole with Gravy

> Yellow Option Gluten Free Toad in the Hole

Served with Gravy, Roast Potato, Carrots and Broccoli

> DESSERT Yogurt or Fresh Fruit



Tuesday

MAINS Red Option Chicken Tikka Curry



<u>Blue Option</u> Vegetarian Tikka Curry

> Green Option Plain Chicken

Yellow Option Chicken Curry

Served with Rice, Peas and Naan Bread

> DESSERT Chocolate Cake

Thursday

MAINS Red Option Italian Pasta Bake

Blue Option Jacket Potato with Cheese

Yellow Option Jacket Potato with Cheese

Served with Garlic Bread and Salad

> DESSERT Fruit Jelly

Friday

MAINS <u>Red Option</u> Omega 3 Fish Fingers

> Blue Option Quorn Dippers

Yellow Option Jacket Potato with Cheese

Served with Baked Beans, Sweetcorn, Chips and Mixed Salad

> DESSERT Ice Cream