

WEEK ONE

LUNCH TIME

Monday



RED OPTION

Cheese & Tomato Pizza

BLUE OPTION

Pepperoni Pizza

GREEN OPTION

Jacket Potato with Tuna
Mayonnaise

YELLOW OPTION (GF)

Pasta with Tomato Sauce

Followed By
Apple Shortcake with
Squirry Cream

Tuesday



RED OPTION*

Sticky Sausages

BLUE OPTION*

Vegetarian Sticky Sausages
with Mashed Potatoes, Baked
Beans & Garden Peas

GREEN OPTION

Jacket Potato with Beans

YELLOW OPTION (GF)

Pasta with Tomato Sauce

*Served with Mashed
Potatoes, Baked Beans &
Garden Peas

Followed by
Summer Fruity Jelly
and Ice Cream

Wednesday



RED OPTION*

Beefburger in a Bun

BLUE OPTION*

Quorn Burger in a Bun

GREEN OPTION*

Ham Baguette

YELLOW OPTION* (GF)

Beef Burger in a Bun

*Served with Jacket Potato
Wedges and Peas

Followed by
Flapjack

Thursday



RED OPTION*

Roast Chicken

BLUE OPTION*

Herby Quorn Fillet

GREEN OPTION*

Roast in a Roll

YELLOW OPTION* (GF)

Roast Chicken

*served with Yorkshire
Pudding, Stuffing, Roast
Potatoes, Seasonal
Vegetables and Gravy

Followed by
Fresh Fruit Salad

Friday



RED OPTION*

Young's Omega 3 Fishfingers,

BLUE OPTION*

Cheese Omelette

GREEN OPTION*

Bacon Baguette

YELLOW OPTION* (GF)

Bacon Baguette

*Served with Chips, Baked
Beans and Garden Peas

Followed by
Vanilla Shortbread Biscuit

Also available daily - Fresh Wholemeal Bread; Fresh Fruit;
Muller fruit corner; Fresh Milk and Water
Salad Bar available Monday, Tuesday, Wednesday and Friday

WEEK TWO

LUNCH TIME

Essex County Council

Monday



RED OPTION*

Cheese and Bean Plait

BLUE OPTION*

Cheddar Whirl

GREEN OPTION

Jacket Potato with Tuna
Mayonnaise

YELLOW OPTION (GF)

Spaghetti with Tomato
Sauce

*Served with Potato Wedges
and Green Beans

Followed by
Lemon Cake

Tuesday



RED OPTION*

All Day Breakfast

BLUE OPTION*

All Day Vegetarian Breakfast

GREEN OPTION

Jacket Potato with Baked
Beans

YELLOW OPTION* (GF)

All Day Breakfast

*Served with Potato Waffles,
Baked Beans and Mushrooms

Followed by
Arctic Roll

Wednesday



RED OPTION*

Chinese Chicken Curry

BLUE OPTION*

Omelette Poppers

GREEN OPTION

Jacket Potato with Cheese
and Baked Beans

YELLOW OPTION* (GF)

Chinese Chicken Curry

*Served with Rice and
Garden Peas

Followed by
Chocolate Crispy Cake

Thursday



RED OPTION*

Roast Turkey

BLUE OPTION*

Herby Quorn Fillet

GREEN OPTION*

Roast in a Roll

YELLOW OPTION* (GF)

Roast Chicken

*served with Yorkshire
Pudding, Stuffing, Roast
Potatoes, Seasonal
Vegetables and Gravy

Followed by
Fresh Fruit Salad

Friday



RED OPTION*

Homemade Sausage Roll

BLUE OPTION*

Vegetable Nuggets

GREEN OPTION*

Cheese Baguette

YELLOW OPTION* (GF)

Homemade Sausage Roll

*Served with Chips, Baked
Beans and Garden Peas

Followed by
100% Fruit Lolly

Also available daily - Fresh Wholemeal Bread; Fresh Fruit;
Muller fruit corner; Fresh Milk and Water
Salad Bar available Monday, Wednesday and Friday

WEEK THREE

LUNCH TIME

Monday



RED OPTION*

French Bread Cheese and Tomato Pizza

BLUE OPTION*

French Bread Cheese and Tomato Pizza with Peppers

GREEN OPTION

Jacket Potato with Tuna Mayonnaise

YELLOW OPTION (GF)

Spaghetti with Tomato Sauce

*Served with Coleslaw and Mixed Green Salad

Followed by Fruit Smoothie

Tuesday



RED OPTION*

Italian Pork Meatballs in Tomato Sauce

BLUE OPTION*

Quorn Dippers

GREEN OPTION

Ham Baguette

YELLOW OPTION* (GF)

Italian Pork Meatballs in Tomato Sauce

*Rice and Vegetables

Followed by Chocolate Brownies

Wednesday



RED OPTION*

Spaghetti Bolognese

BLUE OPTION*

Lasagne

GREEN OPTION

Jacket Potato with Cheese and Baked Beans

YELLOW OPTION* (GF)

Spaghetti Bolognese

*Served with Garlic Bread and Side Salad

Followed by Syrup Sponge and Custard

Thursday



RED OPTION*

Toad in the Hole

BLUE OPTION*

Herby Quorn Fillet

GREEN OPTION

N/A

YELLOW OPTION* (GF)

Sausages

*served with Roast Potatoes, Seasonal Vegetables and Gravy

Followed by Fresh Fruit Salad with Ice Cream

Friday



RED OPTION*

Young's Omega 3 Fishfingers,

BLUE OPTION*

Vegetable Fingers

GREEN OPTION

Jacket Potato with Baked Beans

YELLOW OPTION* (GF)

Grilled Chicken Breast

*Served with Chips, Baked Beans and Garden Peas

Followed by Carrot Cake

Also available daily - Fresh Wholemeal Bread; Fresh Fruit;
Muller fruit corner; Fresh Milk and Water
Salad Bar available Monday, Tuesday, Wednesday and Friday



SUMMER TERM MENU

Week 1 Menu Dates

w/c 22nd April

w/c 13th May

w/c 10th June

w/c 1st July

w/c 22nd July

Week 3 Menu Dates

w/c 6th May

w/c 3rd June

w/c 24th June

w/c 15th July

Week 2 Menu Dates

w/c 29th April

w/c 20th May

w/c 17th June

w/c 8th July

Years Reception, 1 & 2 - Free of Charge

Years 3, 4, 5 & 6 - £2.20 per day

Meals Must Be Paid In Advance